



WOODCREST ELEMENTARY MENU



SY 2022-23

w k 1	MONDAY 6/5	TUESDAY 6/6	LEAN AND GREEN WEDNESDAY 6/7	THURSDAY 6/8	FRIDAY 6/9
B	Cinnamon Toast Crunch Cheese-Filled Bar (40g)	Chicken Sausage on Maple Waffle (15g)	Apple Frudel (36g)		
L u n c h	Chicken Nuggets (13g) & Bread (12g) D Cheese Pizza (28g) <> Turkey & Cheese Sticks with Tortilla Strips (24g) & Bread (12g)	Sloppy Joe on Bun (35g) D Toasted Cheese Sandwich (31g) <> Amazing Chickpea Dip (24g) & Pretzel Bites (25g) <> D Emoji Potato (18g)	WOW Sandwich (55g) <> with Picnic Cold Pack	NO STUDENTS HAVE A GREAT SUMMER!	
	<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 2/16/2023		